

# EUROPEAN NETWORK OF YOUTH CANCER SURVIVORS

## PROJECT CLOSING EVENT 2024

INFORMATION BOOKLET

7 - 12 AUGUST

CLUJ-NAPOCA, ROMANIA



The closing event is hosted by



This event is delivered in Task 6.5.5 of the EU-CAYAS-NET EU co-funded project under GA number 101056918 and led by Youth Cancer Europe.

**EU-CAYAS-NET** is an EU co-funded project led by patient advocates under one of the flagship initiatives of Europe's Beating Cancer Plan to build a European Network of Youth Cancer Survivors and to create a Knowledge Centre and interactive Platform for social networking, with a focus on Quality of Life, Adolescent and Young Adult Care, Equity, Diversity & Inclusion in cancer care.

For the latest project updates, follow us on: [www.beatcancer.eu](http://www.beatcancer.eu)



**Welcome to the grand finale of our EU-CAYAS-NET project: the European Network of Youth Cancer Survivors Closing Event!**

We are thrilled to have you join us in Cluj-Napoca, Romania's second-largest city, known as 'The Heart of Transylvania', from August 7 to 12, 2024.

The event is organised by **Youth Cancer Europe**, in collaboration with the project Associated Partner and Cluj-Napoca-based organisation, **Asociația Little People Romania**. The much-awaited Closing Event brings together all project participants, associated partners, and people living with and beyond cancer from a record 32 countries to celebrate the accomplishments of the two-year EU co-funded project.



The program will feature participation at the UNTOLD festival, networking events, and workshops aimed at exchanging knowledge and showcasing project outcomes. Topics covered will include Adolescent and Young Adult (AYA) cancer care, Mental Health, Quality of Life, Cancer Survivorship, Equity, Diversity & Inclusion (EDI) in cancer care, and more.

We hope the information on the following pages will help you plan your journey. If you have any questions, don't hesitate to reach out to:

→ **Hanna Ryzhkova** [ukraine@youthcancereurope.org](mailto:ukraine@youthcancereurope.org), **0040758105142**

for logistics and general questions,

→ **Hilda Hajdu** [accounts@youthcancereurope.org](mailto:accounts@youthcancereurope.org), **0040748857333** for

logistics and general questions,

→ **Ana Țoțovîcă** [ana.totovina@youthcancereurope.org](mailto:ana.totovina@youthcancereurope.org) **0040729973947**

for accommodation,

→ Any questions regarding your travel should be directed to the person who booked your ticket at EXIMTUR.

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## Programme overview

07

Wednesday

**08:00 and all day |** Arrivals

**14:00 and all day |** Registrations at the XXI Dormitory of the Sport University campus

**20:00 |** Networking dinner at Boema House

08

Thursday

**08:00 |** Breakfast available at campus (main lobby, registration area)

**09:30 |** General Assembly Meeting (Hybrid Set-Up) (see map for reaching the Conference Hall)

**13:00 |** Lunch served at the Conference Hall

**14:00 |** Interactive workshops for all participants -

**Workshop 1** In the focus: Adolescent and Young Adult Cancer Care and EDI: ensuring Equity, Diversity, and Inclusion in Cancer Care

**16:00 | Group photo on campus** (If you're not in the picture, you were not here. 😊 Make sure you don't miss it!)

Dinner at the UNTOLD Festival grounds

**20:30 |** UNTOLD group photo (exact location to be confirmed)

**UNTOLD Meet & Greet** for selected participants with Blasterjaxx (timing TBC)

09

Friday

**09:00 - 11:00 |** Breakfast available at campus

**13:00 |** Lunch served at Conference Hall

**14:00 |** Interactive workshops for all participants -

**Workshop 2** In the focus: Position paper "Mental Health & Psychosocial Care after CAYA cancer - Standard, not luxury" / Education and Career Support

Dinner at the UNTOLD Festival grounds

**UNTOLD Meet & Greet** for selected participants with ALOK (timing TBC)

**UNTOLD Meet & Greet** for selected participants with Dimitri Vegas & Like Mike (timing TBC)

**UNTOLD Meet & Greet** for selected participants with Lost Frequencies (timing TBC)

**UNTOLD Meet & Greet** for selected participants with Zerb (timing TBC)

# 10

Saturday

**09:00 - 11:00** | Breakfast available at campus

**13:00** | Lunch served at Conference Hall

**14:00** | Interactive workshops for all participants -

**Workshop 3** In the focus: long term follow-up care after cancer /  
Recommendations for Transition from Paediatric to Adult Cancer Care  
Dinner at the UNTOLD Festival grounds

**UNTOLD Meet & Greet** for selected participants with Tujamo (03:00 am)

**UNTOLD Meet & Greet** for selected participants with Sam Smith (timing  
TBC)

# 11

Sunday

**09:00 - 11:00** | Breakfast available at campus

**13:00** | Lunch served at Conference Hall

**14:00** | Interactive workshops for all participants -

**Workshop 4** Sustainability: Creating an action plan for the sustainability  
of beatcancer.eu + FB + instagram + youtube + discord after the end of  
the project

Dinner at the UNTOLD Festival grounds

**UNTOLD Meet & Greet** for selected participants with Martin Garrix (01:00  
am)

**UNTOLD Meet & Greet** for selected participants with Nicky Romero (02:30  
am)

# 12

Monday

**09:00 - 11:00** | Breakfast available at campus

**12:00** | Departures

## Arriving in Cluj-Napoca

### Getting to the **XXI Dormitory university campus**

#### **From Cluj-Napoca International Airport:**

- Taxi / Uber / Bolt: depends on the traffic, around 30 minutes, 15 EUR /75 RON.
- By public transport: bus no. 5 (13 stops, get off at 'Cloșca' stop). Change to bus no. 101/102 (4 stops, get off at 'Plopilor Nord' stop and walk 300 m). Tickets (3 RON) must be purchased on the bus with a contactless card.

#### **From Cluj-Napoca railway station:**

- Taxi / Uber / Bolt: depends on the traffic, around 20 minutes, 10 EUR /50 RON.
- By public transport: bus no. 101/102 (5 stops, get off at 'Plopilor Nord' stop and walk 300 m). Tickets (3 RON) must be purchased on the bus with a contactless card.

## Accommodation and Meeting Venue

Participants will be accommodated in 3-bed bedrooms with en suite bathrooms at the Babes-Bolyai University **XXI Dormitory university campus**

(address: Strada Pandurilor 7, Cluj-Napoca) for 5 nights (7 – 12 Aug).

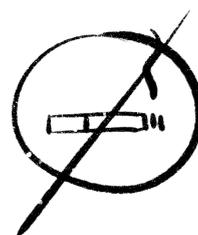


Please note that since this is a student accommodation, only bedding is provided. **Please bring your own towels and toiletries.**

The contact person for accommodation related questions is Ana Țoțovîță (WhatsApp 0040729973947).

## Campus Rules

- Smoking, vaping, or using e-cigarettes is prohibited inside the building, and drugs are not allowed on campus. (Or anywhere. Romania has zero drug tolerance and offenders might be subject to financial penalty or jail sentence.)



- Please respect others' space and keep the atmosphere enjoyable by avoiding disruptive, loud, or boisterous behaviour on campus. Quiet hours are between 23:00 - 08:00.



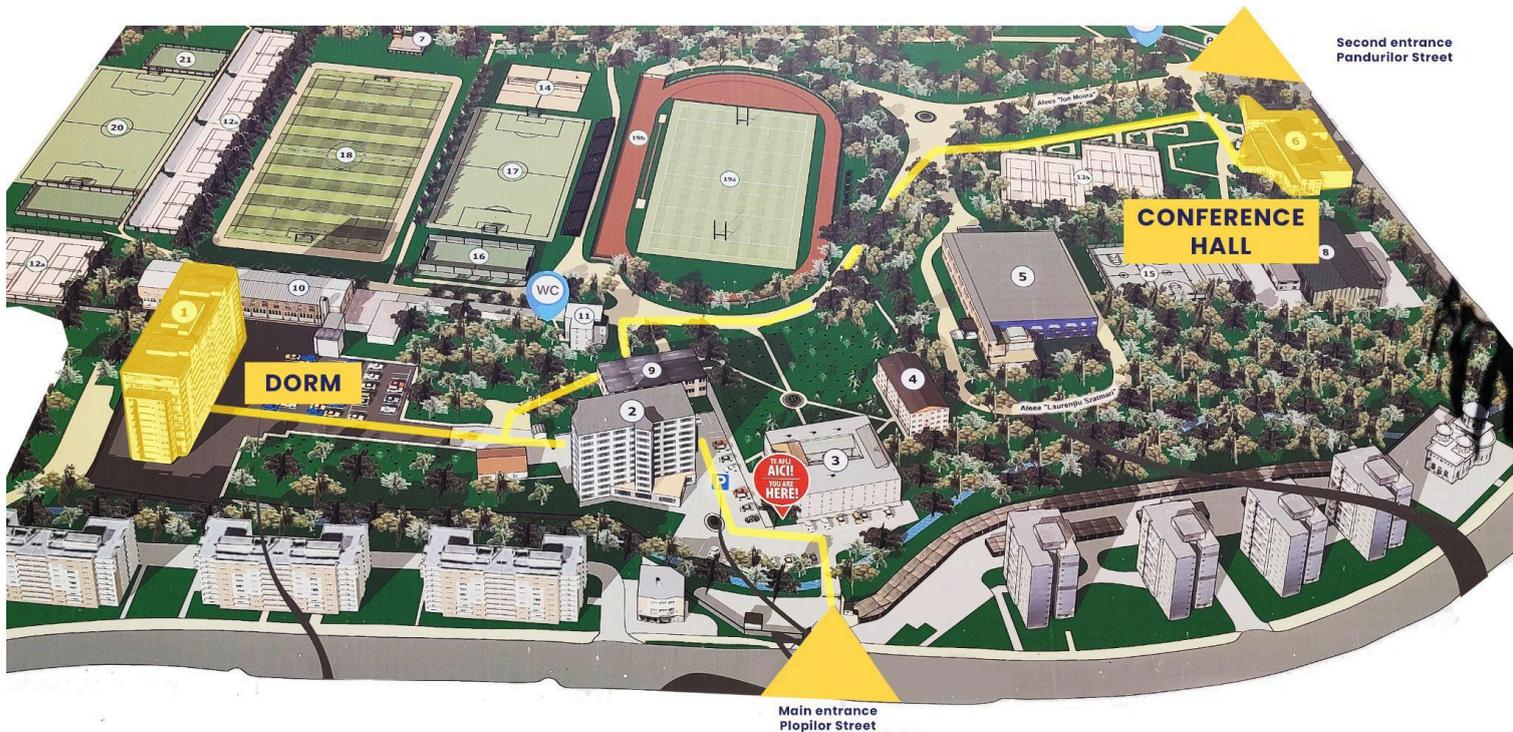
- Please dispose of litter and garbage in designated spaces only, and store food in the kitchen or refrigerators to keep bedrooms clean and food-free.



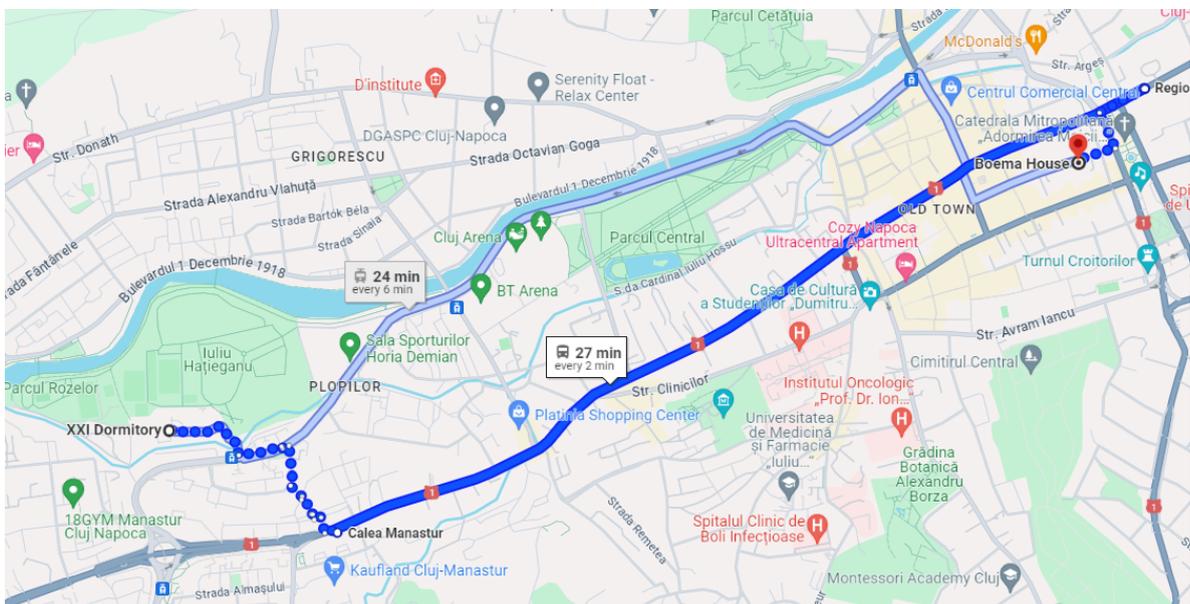
- Please keep your personal belongings secure. Always carry your money, phone, and ID with you, as the organisers cannot be responsible for any items that are misplaced or lost.



**The general Assembly meeting** and the workshops will be held at the Conference Hall at the campus territory. It is a 10-minute walking distance from the dormitory across a pleasant park. Please follow the pavement signs for directions or see the map below.



**The networking dinner** on the 7th of August will be held at **Boema House**. The best way to get there is by public transport, using bus nr. 101 / 102 / 1 / 6 / 7 / 25. (See Google maps for exact routes as public transport might change during the festival). The journey will take approximately 27 minutes. (If you'd rather walk, please allow for 45 minutes from the campus).



## **Meals**

Breakfast will be available at the registration area in the main lobby of the dorm. You'll find a variety of breakfast cereals, yoghurt, pastries, cheeses, vegetables, fruit, coffee, and tea. Feel free to take your breakfast to the kitchen on your floor and enjoy it there.

Lunch will be catered and served at the Conference Hall. Please check the program for details.

Dinner on the 7th is organised by Youth Cancer Europe for the whole group. Please see above for details.

### **Dinners on Festival Nights:**

When you arrive on the 7th, you will receive cash in Romanian RON currency at Registration to cover your dinners for the festival evenings (8th, 9th, 10th, and 11th). Since the UNTOLD Festival is cashless, you will need to top up your festival wristband with the cash you receive from us once you get to the festival site. You do not need to provide invoices or receipts for these dinners and can spend the money as you wish.

**Top Tip:** We recommend adding a little bit of money to your online UNTOLD account with a credit card once you have received your ticket and checked in online. Instructions will be given at Registration. This way, you will already have some spending money on your wristband for the first night, as we expect long queues at the kiosks on opening night. Of course, this is not mandatory.

## Festival Access

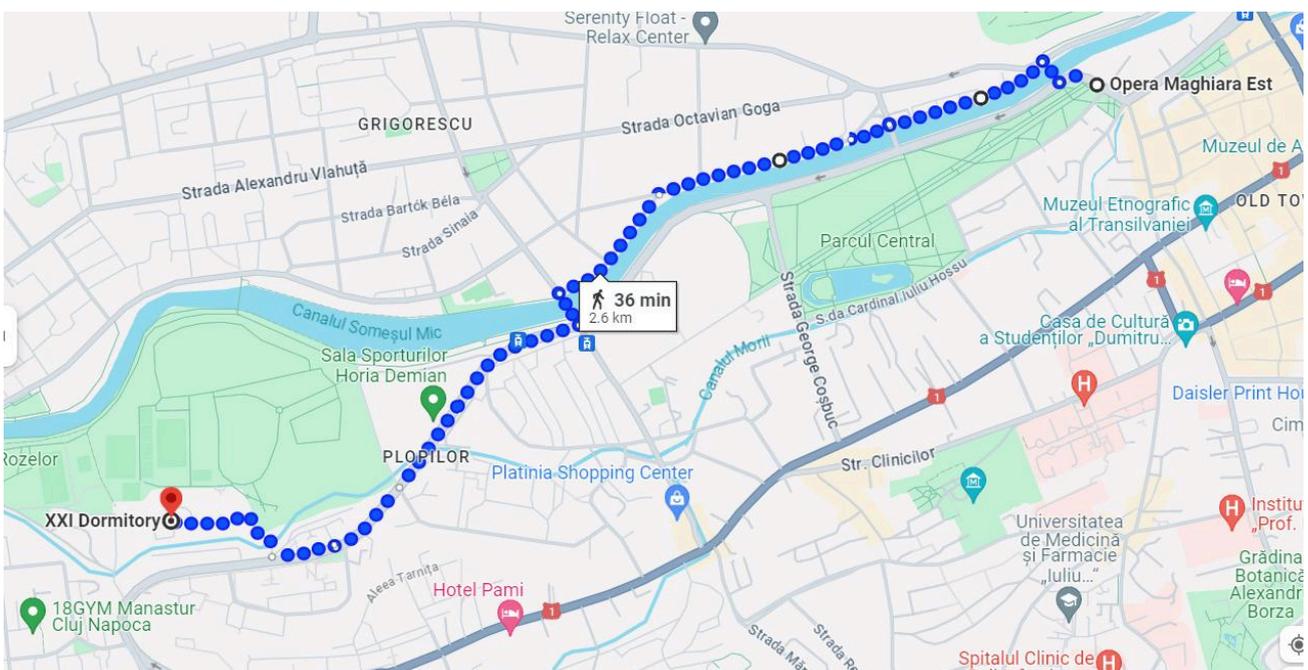
You will receive your ticket and instructions upon arrival at the accommodation. Tickets are nominal and not transferable. You will need to

1. **Check in online** and
2. Pick up your **wristband** either the day before the festival (August 7th) or on the first day (August 8th).



Please be aware of potential queues and follow the recommendation of our staff who will advise you when you arrive and register for our event. To get your festival wristband, you'll be asked to present your ticket with your name and photo by showing the QR Code from your online account or mobile wallet, along with your ID or passport at the gate.

For more information, please visit [UNTOLD FAQ page](#).



## **Project Activation Space at the Festival Grounds**

We have an exciting project activation area at the festival grounds, featuring information panels about the EU-CAYAS-NET project. This space includes a photo booth and an activity wall where festival goers can express well wishes for loved ones affected by cancer, celebrate the strength of unity, or leave an encouraging message on a ribbon.



Additionally, the activation corner offers a relaxation area, perfect for engaging with the general public, hanging out, meeting other participants, exchanging stories, and planning your next festival activity.

There will always be someone at the activation space from the project partners or Youth Cancer Europe between 16:00 – 22:00, and it will serve as our meeting point throughout the night if anyone gets lost. You're welcome to make it your meeting place with your buddies as well. Make sure to familiarise yourself with its location on the first day.

## **Meet & Greet Sessions**

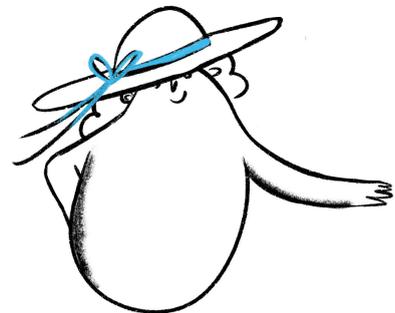
Did you wonder why we asked for your favourite artists on the registration form? During the festival, we'll be organising Meet & Greet sessions with some of UNTOLD's biggest names. We'll share more details with selected participants as soon as we hear from the artists' management teams. Participants for each meeting were selected based on their preferences, with some chosen randomly where we had no information available. These sessions will be a fantastic opportunity to meet some of the biggest names in the music industry, grab autographs and photos, and bring attention to

the challenges young people with cancer face, while also bringing awareness to our project.

## Festival Safety Tips

To ensure you have a safe and enjoyable time at the UNTOLD Festival, please keep these important tips in mind:

- Make sure you stay hydrated and drink plenty of water. Free water taps will be available throughout the festival grounds.
- Use high SPF sun protection to keep you from sunburn.
- Wear a hat or other head covering to prevent sunstroke.
- Stay in shaded areas when possible to avoid direct sunlight.
- Take breaks and rest if you start feeling overheated or tired.
- Wear light, breathable clothing to keep cool. Dress in layers as the night air is chilly.
- Be mindful of your alcohol intake, as it can dehydrate you.
- Familiarise yourself with the location of medical tents in case of emergencies.
- Keep your belongings secure and be aware of your surroundings.
- Do not bring valuables to the festival. Keep any essential valuables (passport, phone, etc.) on



your person at all times, preferably in a crossbody bag.

- No bags over 29 x 21 x 12 cm are allowed at the festival. The full list of prohibited items can be found [here](#).
- **If you or someone you know is feeling unwell or experiencing an emergency, go to the nearest medical tent or seek help from festival staff immediately.**



### **Managing Anxiety at the Festival**

If you experience anxiety in crowded or noisy environments, here are some tips to help you manage during the festival:

#### **Find Quiet Spaces and Take Breaks**

Identify quiet areas where you can take a break and regroup. Use the festival map to locate these spots and step away from the crowd when needed. Chill at the Youth Cancer Europe relaxation zone or project activation space.

#### **Use Earplugs and Breathe**

Bring earplugs to reduce noise levels and practise deep breathing exercises to stay calm and grounded.

#### **Stay Hydrated and Avoid Alcohol**

Drink plenty of water to stay calm and focused, and avoid alcohol, which can exacerbate anxiety.

#### **Stay Connected**

Keep in touch with friends, our community members or our project staff and volunteers if you need support. You're not alone.

**Remember, it's important to take care of yourself and enjoy the festival at your own pace.**

## General Safety and Security in Romania

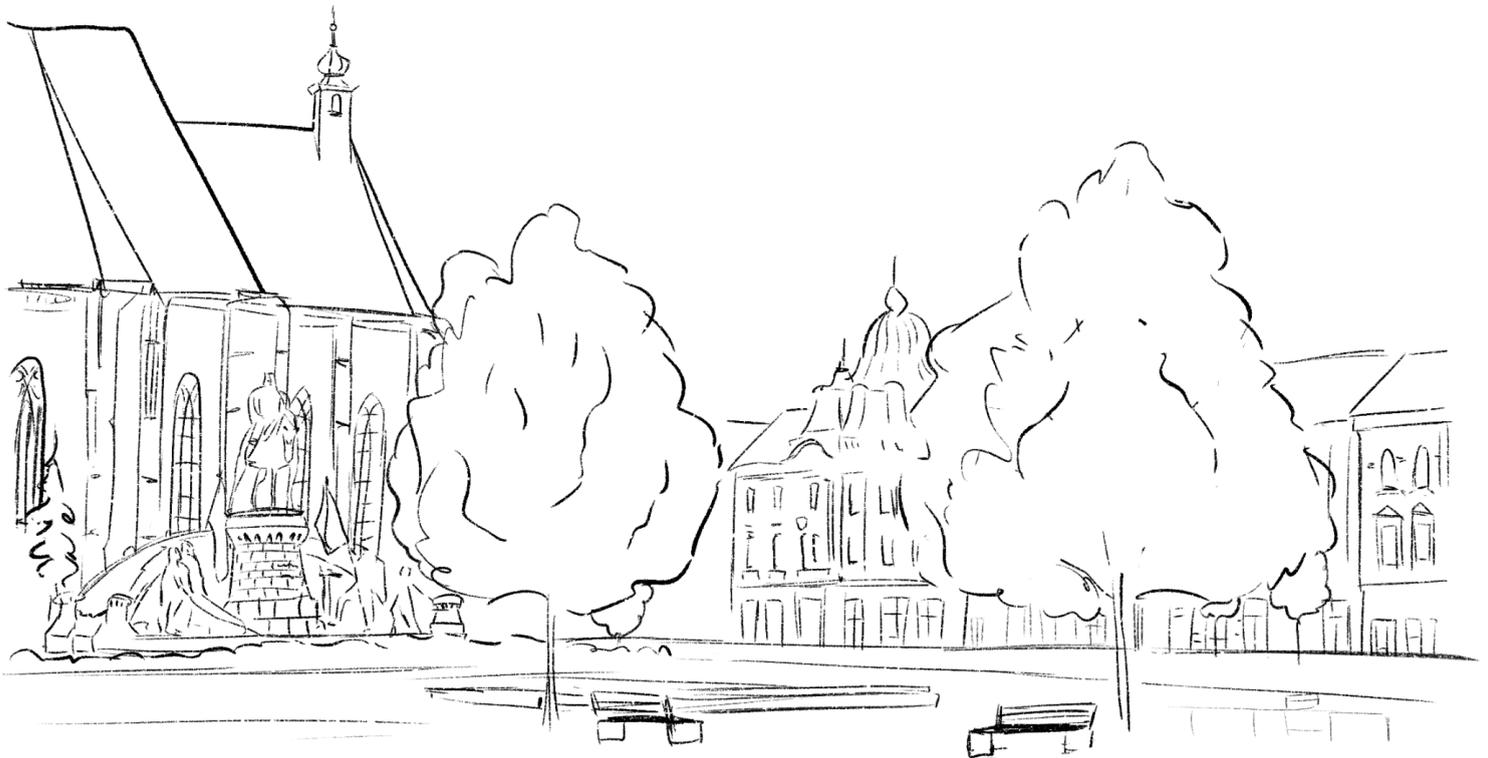
Cluj-Napoca is a relatively safe city but like any city with a large event it will be overcrowded during UNTOLD. Pickpocketing will be on the rise during these days so please look out and be street smart!

- Emergency care is free. Please note that obtaining additional insurance for unforeseen medical treatment or emergency evacuation (if desired) is each participant's own responsibility. The organisers cannot cover these costs. The local emergency number is 112.
- Be alert to petty theft. Thieves use distraction techniques. Make sure your passport, and money are always carried on your body.
- There is zero tolerance for drugs-related offences. If convicted, besides financial penalties, offenders might face prison sentences.
- Taxis should list prices on the side of the vehicle and display a company name. Taxi drivers sometimes overcharge foreign visitors. Taxi apps such as Uber and Bolt are generally reliable.
- You may receive alerts on your mobile phone from the Romanian government in the event of extreme weather, a natural disaster or other emergency. These are in Romanian and English, and you should follow the authorities' instructions.

## Practical Information for Your Stay in Cluj-Napoca

We hope you have an amazing experience during the Closing Event 2024 in Cluj-Napoca. If you have any questions about exploring the city, we're happy to help!

Cluj-Napoca is a historic Transylvanian city and a great place to experience the beauty of Romania, known for its vibrant cultural scene and stunning architecture. The city is very busy during the UNTOLD festival, with some roads closed and transport routes changed. It's best to explore the city on foot. If you have limited mobility, you can use Uber or Bolt and be reimbursed after the event, but please inform us beforehand as we can only reimburse pre-approved expenses.



Here are some key places to know:

- **The nearest shop:** [Profi City](#), located at Strada Plopilor 70 (9 minutes walk from the accommodation).
- **Nearest Pharmacy:** [Farmacia Dr. Max](#), located at Str. Manastur, Nr. 2-6, [Platinia Shopping Center](#) (20 minutes walk from the accommodation).
- **ATMs:** There are many throughout the city. There is one inside the festival grounds as well. Note however, that cash or bank cards cannot be used inside the festival. You need to top up your wristband online with a credit card or at the Credit Points in the festival area with cash/credit card. If needed, the nearest bank is located at Str. Manastur, Nr. 2-6, [Platinia Shopping Center](#) (20 minutes walk from the accommodation).
- **Piezișă Street:** Popular amongst students for its cafes and bars, and the best place to try șaorma (26 minutes walk from the accommodation).
- **Unirii Square:** The city centre with many terraces and coffee shops (42 minutes walk from the accommodation).

## Weather

Summer in Romania can be very hot, with daytime temperatures in August ranging between 30 and 40 degrees Celsius. However, it can cool down significantly at night, with temperatures dropping to 13-14 degrees. Make sure to drink plenty of water, use sunscreen regularly during the day, and bring a light jacket or sweater for the cooler evenings.



## Local Currency

The currency used in Romania is the Romanian Leu (RON), with the current exchange rate approximately 1 Euro = 4.9 RON. Typical prices in the city include a cup of coffee for €1.50 to €4, a Big Mac Menu at McDonald's for €6, Shawarma (locally known as șaorma, the most popular street food) for

€8, and a simple dish in an inexpensive restaurant for €12 to €15. Please keep in mind that prices at the UNTOLD festival will be higher.

## Reimbursement of Travel Expenses

Travel arrangements are coordinated by the travel agency Eximtur and covered by Youth Cancer Europe. Local transport expenses related to the event will be reimbursed post-event.

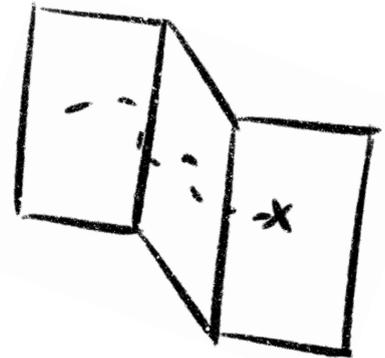
Please take note of the following:

- Reimbursements will be issued post-event for in-person attendees only.
- The Reimbursement Form will be emailed after the event.
- Only documented, pre-approved expenses supported by receipts/invoices will be processed for reimbursement.
- In home countries, participants are expected to use public transport to reach the airport.
- In Cluj-Napoca, Uber/Bolt will be accepted to and from the local airport or train station, but sharing rides with others is encouraged to reduce costs.
- During event days only the use of public transport is reimbursed, walking is encouraged.
- **Participants with limited mobility** are permitted to use Bolt/Uber in the city during event days if necessary. However, carpooling with other participants is encouraged to minimise costs. Pre-approval and receipts are required for reimbursement of these rides.
- Meals are catered for the whole group and are centrally organised (except on festival nights, details of which are described above). We won't be able to reimburse additional food expenses (unless they were pre-approved and discussed with the organisers).

## Accessibility Information

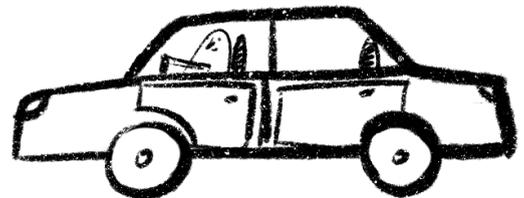
### Accessibility

Use the festival map to identify accessible routes and entrances. The university dorm has elevators to ensure easy access to all floors. We have not registered special requirements for disability-accessible showers, but if anyone needs specific equipment, please notify the organisers as soon as possible, ahead of arriving at the event. The meeting venue at the Sports University Conference Hall is fully accessible for all participants. If you need wheelchair-accessible bathrooms, please let us know ahead of time.



### Transportation

Uber and Bolt services are available in Cluj-Napoca. These expenses are approved for participants with limited mobility. Please share rides to reduce costs and apply for reimbursement after the event.



### Rest Areas and Quiet Spaces



Take breaks and regroup at designated rest areas throughout the festival grounds and accommodation. Use the festival map to locate these spots. The Youth Cancer Europe relaxation zone and project activation space also provide quiet areas for you to relax.

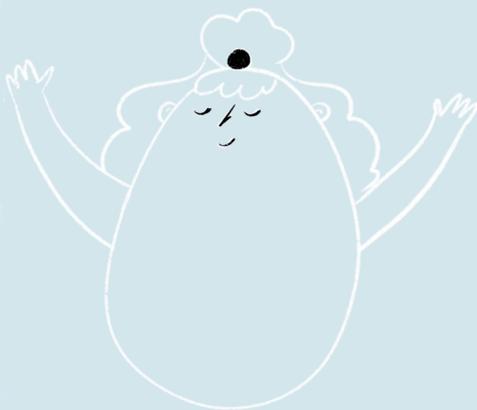


## Medical Assistance

Familiarise yourself with the location of medical tents and assistance points for any health-related needs.

## Support from our Community

Festival and event staff, as well as Youth Cancer Europe community members and volunteers, are here to assist you. If you need support or have any questions, don't hesitate to reach out.



*This event celebrates diversity by promoting principles of tolerance and openness. We want to learn from each other and create an environment of respect and kindness towards everyone, making it a wonderful and memorable experience for all.*

*Thank you for contributing to a positive and inclusive atmosphere!*



## **Our Story**

### **Little People Association**

The Little People Association is at the forefront of providing psychosocial patient support services for children and young adults with cancer in Romania. As the only service provider present in all major regional treatment centres, Little People delivers a standardised and consistent approach to the psychological and emotional needs of cancer patients and their families across the nation.

From the moment of diagnosis, our specialists work alongside clinical teams to empower parents through education programs. Our award-winning "Nu mi-e frică!" programme provides tailored interventions for younger children, while teenagers and young adults receive peer support and specialised interventions using AI, AR, VR, digital solutions, and mobile applications. We also equip patients and families with advocacy skills through comprehensive education and training.

### **TEMERARII Club**

A project of Little People, the TEMERARII Club for Romanian cancer survivor teenagers and young adults was formed in 2006 and now counts over 1,000 members, offering peer support meetings, patient education, annual meetings, social events, and more. TEMERARII stand as a testament to the resilience and strength of young people, offering a beacon of hope and solidarity to newly diagnosed patients.

### **Youth Cancer Europe**

In 2015, the Little People Association took a momentous step by legally setting up Fundatia Youth Cancer Europe, which grew into the now well-known pan-European, impact-driven patient advocacy network, YCE. Representing young people aged 18-39 from over 40 European countries, Youth Cancer Europe has a proven track record of shaping EU policies on cross-border healthcare, financial discrimination, fertility preservation, reproductive rights, mental health, and health equity. The network has successfully influenced legislative changes EU-wide and at local levels across various healthcare systems, with a keen focus on supporting the needs of marginalised, minority, and protected populations across the EU.

As we gather to celebrate the achievements of the EUCAYASNET project, we are reminded of the power of community and the relentless spirit of youth living with and beyond cancer. We thank everyone for being a part of this journey and for your unwavering commitment to making a difference.

European Network of  
**YOUTH CANCER SURVIVORS**

For more information please see the event programme and other details on [www.beatcancer.eu](http://www.beatcancer.eu)



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